

2017 Broad Haven Xmas Pudding Run results

Pos	Time	Firstname	Surname	No	Gen	Gen Pos	Cat	Cat Pos	Club
1	0:34:24	John	Collier	153	M	1	MS	1	West Coast Tri
2	0:35:08	Neil	Pollard	371	M	2	MS	2	Newmarket Joggers
3	0:35:21	Edward	Clements	146	M	3	MS	3	Tenby Aces
4	0:36:21	Tom	Sinton	422	M	4	MS	4	
5	0:36:47	Martyn	Driscoll	187	M	5	MS	5	
6	0:36:51	David	Sinton	421	M	6	MS	6	
7	0:38:38	Kate	Drew	461	F	1	FS	1	Taunton Athletics Club
8	0:38:47	Steve	Plumb	368	M	7	MS	7	Narberth Nobblers
9	0:39:02	Richard	Griffiths	210	M	8	MV	1	
10	0:39:02	Alec	Williams	442	M	9	MSV	1	Pembrokeshire Harriers
11	0:39:15	Jack	Rees	379	M	10	MS	8	
12	0:39:16	Clive	Collins	155	M	11	MS	9	
13	0:39:19	Ethan	Harries	471	M	12	MS	10	Pembrokeshire Harriers
14	0:39:51	Laura	Clements	147	F	2	FS	2	Tenby Aces
15	0:39:56	Megan	Withers	454	F	3	FS	3	Pembrokeshire Harriers
16	0:40:23	James	Dicks	182	M	13	MS	11	Pembrokeshire Tri
17	0:40:49	Samuel	Chalmers	141	M	14	MS	12	
18	0:41:16	Phil	Carter	138	M	15	MSV	2	Pembrokeshire Tri
19	0:41:36	Darren	Smith	418	M	16	MS	13	
20	0:41:40	Simon	Scurrrell	409	M	17	MS	14	TROTs
21	0:41:44	Catherine	Marks	286	F	4	FV	1	
22	0:42:04	Mark	Beasley	382	M	18	MS	15	
23	0:42:23	Jon	Phillips	356	M	19	MSV	3	Pembrokeshire Harriers
24	0:42:40	Hannah	Pollard	370	F	5	FV	2	Newmarket Joggers
25	0:42:56	Julie	Williams	447	F	6	FSV	1	
26	0:43:09	John	Goy	206	M	20	MS	16	
27	0:43:53	Nathan	Kirby	269	M	21	MS	17	
28	0:43:54	Alex	Picton	359	M	22	MS	18	Cardiff Tri
29	0:44:23	Daniel	Munn	297	M	23	MS	19	
30	0:44:26	Jonathan	Scarr	401	M	24	MS	20	
31	0:44:28	Debbie	Phillips	355	F	7	FSV	2	Pembrokeshire Harriers
32	0:44:32	Alun	Thomas	427	M	25	MS	21	
33	0:44:32	Timothy	Plumb	468	M	26	MS	22	Narberth Nobblers
34	0:44:59	Mike	Davies	173	M	27	MS	23	
35	0:45:10	Mark	Whitby	440	M	28	MV	2	Milford Tritons
36	0:45:21	Laurence	Worth	458	M	29	MSV	4	Pembrokeshire Harriers
37	0:45:30	Henry	Durrant	188	M	30	MS	24	
38	0:45:31	Graeme	Kay	261	M	31	MSV	5	Torbay Tri
39	0:45:35	Kevin	Jenkins	240	M	32	MSV	6	TROTs
40	0:45:41	Paul	Oughton	337	M	33	MSV	7	
41	0:45:55	Judith	Oakley	322	F	8	FSV	3	Vegan Runners
42	0:45:58	Robert	Smith	419	M	34	MSV	8	Pembrokeshire Harriers
43	0:46:11	Kev	Joyce	259	M	35	MSV	9	Pembrokeshire Harriers
44	0:46:31	Jim	Dilks	184	M	36	MV	3	TROTs
45	0:46:37	Stephen	Glynn	306	M	37	MSV	10	Pembrokeshire Harriers
46	0:46:41	Patricia	Chalmers	473	F	9	FSV	4	
47	0:46:45	Nathan	Miles	290	M	38	MV	4	Pembrokeshire Tri
48	0:46:48	Martyn	Lewis	475	M	39	MS	25	
49	0:46:48	Christopher	Sexton	411	M	40	MSV	11	Pembrokeshire Harriers
50	0:46:48	Joel	Hardaker	213	M	41	MS	26	Pembrokeshire Tri
51	0:46:54	Isobel	Dawson	179	F	10	FV	3	TROTs
52	0:46:57	Edward	Howells	301	M	42	MSV	12	
53	0:47:02	Jack	Gradidge	207	M	43	MS	27	
54	0:47:09	Daniel	Sheen	414	M	44	MS	28	Pembrokeshire Harriers
55	0:47:12	Peter	Munn	298	M	45	MSV	13	Pembrokeshire Tri

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56	0:47:13	John	Gardener	201	M	46	MSVV	1	Pembrokeshire Harriers
57	0:47:17	Tim	Harvatt	218	M	47	MVV	1	
58	0:47:20	Tim	Wroblewski	460	M	48	MS	29	Pembrokeshire Tri
59	0:47:28	Paul	Davies	174	M	49	MV	5	
60	0:47:39	Mike	Woods	457	M	50	MS	30	Pembrokeshire Tri
61	0:47:44	Paul	Padget	340	M	51	MVV	2	
62	0:47:55	James	Pickard	358	M	52	MS	31	
63	0:48:10	Martin	Harris	217	M	53	MSV	14	Team Cemais
64	0:48:21	Louise	Adams	125	F	11	FS	4	
65	0:48:21	Martin	Croshaw	164	M	54	MV	6	
66	0:48:21	Lauren	Thomas	430	F	12	FV	4	Pembrokeshire Harriers
67	0:48:47	Mark	Lee	469	M	55	MVV	3	TROTs
68	0:49:11	Rob	King	267	M	56	MV	7	
69	0:49:27	Rowena	Simmonds	420	F	13	FS	5	
70	0:49:29	Christine	Roberts	391	F	14	FV	5	
71	0:49:40	Michael	Gash	202	M	57	MV	8	
72	0:49:53	Jonnie	Treharne	432	M	58	MV	9	Milford Tritons
73	0:50:06	Stephen	Lord	280	M	59	MSV	15	
74	0:50:06	Dene	Robertson	394	M	60	MSV	16	
75	0:50:10	Gethin	Rands	374	M	61	MS	32	
76	0:50:19	Kimberley	Evans	195	F	15	FV	6	Pembrokeshire Harriers
77	0:50:22	Ashley	Blackmore	131	M	62	MSV	17	
78	0:50:23	Iain	Rich	384	M	63	MSV	18	Tenby Aces
79	0:50:59	Warren	Codd	149	M	64	MSV	19	Pembrokeshire Tri
80	0:51:24	Paul	James	235	M	65	MV	10	
81	0:51:26	Rominy	Colville	159	F	16	FV	7	
82	0:51:26	Michelle	Davies	171	F	17	FV	8	
83	0:51:30	Kirsty	Cowper	161	F	18	FSV	5	Pembrokeshire Tri
84	0:51:34	Paul	Turner	470	M	66	MS	33	
85	0:51:39	Spencer	Cowper	162	M	67	MV	11	Pembrokeshire Tri
86	0:51:41	Paul	Casey	140	M	68	MSV	20	
87	0:51:57	Kevin	Davies	170	M	69	MSV	21	
88	0:52:05	Rob	James	308	M	70	MS	34	
89	0:52:05	Archie	Dilks	463	M	71	MJ	1	
90	0:52:19	Jade	Collins	156	F	19	FS	6	
91	0:52:22	Ros	Blackmore	132	F	20	FSV	6	
92	0:52:31	Jonathan	Williams	445	M	72	MSV	22	TROTs
93	0:52:41	Sue	Lloyd	278	F	21	FSV	7	Pembrokeshire Harriers
94	0:52:46	Chrissie	Brash	133	F	22	FSV	8	TROTs
95	0:52:48	Kevin	Rawlins	376	M	73	MV	12	
96	0:53:22	David	Thomas	428	M	74	MV	13	Pembrokeshire Harriers
97	0:53:24	Kara	Ellard	190	F	23	FV	9	Tenby Aces
98	0:53:33	Karl	Davies	169	M	75	MV	14	
99	0:53:38	Gwenllian	Hughes	229	F	24	FSV	9	Narberth Dynamos
100	0:53:50	Alex	Warlow	474	M	76	MS	35	
101	0:54:29	Simon	Phillips	357	M	77	MS	36	Pembrokeshire Tri
102	0:54:32	Chloe	Tickle	431	F	25	FS	7	
103	0:54:42	Sandra	Gash	203	F	26	FV	10	
104	0:55:03	Keeley	Costello	160	F	27	FS	8	
105	0:55:03	Jonathan	Roberts	392	M	78	MS	37	
106	0:55:13	Martin	King	266	M	79	MS	38	Pembrokeshire Tri
107	0:55:17	Alys	Williams	443	F	28	FS	9	TROTs
108	0:55:23	Diane	Clements	145	F	29	FSV	10	
109	0:55:29	Francesca	Olivadoti	335	F	30	FS	10	
110	0:55:30	Stuart	Macdonald	472	M	80	MV	15	Turn Up & Run AC
111	0:55:31	Vicky	Lloyd	279	F	31	FS	11	

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112	0:55:37	Anwen	Woodhouse	456	F	32	FSV	11	Pembrokeshire Harriers
113	0:55:40	Qumrun	Nahar	300	F	33	FV	11	Pembrokeshire Harriers
114	0:55:47	Nigel	Derbyshire	180	M	81	MVV	4	
115	0:55:49	James	Tyler	434	M	82	MS	39	Pembrokeshire Harriers
116	0:55:54	Rosie	Badger	126	F	34	FS	12	
117	0:55:58	Hannah	Thomas	429	F	35	FV	12	
118	0:56:21	Georgina	Walters	436	F	36	FV	13	Pembrokeshire harriers
119	0:56:44	Ben	Willicombe	449	M	83	MJ	2	
120	0:56:45	Helen	Martin	287	F	37	FS	13	
121	0:56:45	David	Willicombe	450	M	84	MSV	23	
122	0:56:51	Gillian	Jones	253	F	38	FVV	1	Pembrokeshire Harriers
123	0:57:01	Tom	Johnston	249	M	85	MV	16	
124	0:57:04	Andrew	Paramore	353	M	86	MS	40	
125	0:57:39	Janette	Jenkins	239	F	39	FSV	12	TROTs
126	0:57:39	Elinor	MacCormac	281	F	40	FS	14	
127	0:57:42	Madelaine	Newcomb	317	F	41	FSVV	1	Spirit of Monmouth
128	0:57:55	Catherine	Lee	272	F	42	FSV	13	TROTs
129	0:58:04	Margaret	Goodwin	205	F	43	FSV	14	Pembrokeshire Harriers
130	0:58:05	John	Byrne	137	M	87	MVV	5	
131	0:58:05	Rebecca	Dilks	185	F	44	FV	14	TROTs
132	0:58:06	Melanie	Ferrier	313	F	45	FS	15	Pembrokeshire Harriers
133	0:58:09	Donna	Maiden	284	F	46	FV	15	Pembrokeshire Harriers
134	0:58:12	Sian	Waters	438	F	47	FSV	15	
135	0:58:31	Victoria	Hall	211	F	48	FV	16	
136	0:58:33	Michelle	Wiggins	441	F	49	FSV	16	
137	0:58:38	Vicki	Lewis	275	F	50	FS	16	Pembrokeshire Tri
138	0:58:41	Jill	Colman	157	F	51	FSV	17	Pembrokeshire Harriers
139	0:58:41	Katy	Harwood	220	F	52	FV	17	Pembrokeshire Tri
140	0:58:54	Caroline	McCoy	289	F	53	FVV	2	
141	0:59:08	Sarah	West	439	F	54	FS	17	
142	0:59:15	Corrine	Newsome	319	F	55	FS	18	
143	0:59:16	Michelle	Davies	172	F	56	FSV	18	
144	0:59:17	Georgia	Davies	167	F	57	FS	19	
145	0:59:21	Catherine	Morton	296	F	58	FS	20	TROTs
146	0:59:28	Louise	Scarr	405	F	59	FSV	19	TROTs
147	0:59:29	MISSED	NUMBER	??	?		??		
148	0:59:58	Laetitia	Lewis	274	F	60	FS	21	
149	0:59:59	Sandra	Williams	448	F	61	FSV	20	TROTs
150	1:00:02	Torin	Nicholson	321	M	88	MJ	3	
151	1:00:09	Leeann	Morgan	292	F	62	FSV	21	
152	1:00:17	Ceinwen	Evans	191	F	63	FSV	22	Pembrokeshire Harriers
153	1:00:23	Huw	Jones	252	M	89	MVV	6	
154	1:00:33	Kelly	Fowler	200	F	64	FS	22	
155	1:00:34	Jayne	Hunt	467	F	65	FSV	23	TROTs
156	1:00:36	Caty	Brock	134	F	66	FS	23	
157	1:00:42	Tina	Inward	234	F	67	FSV	24	
158	1:00:47	Faye	Benson	129	F	68	FS	24	Pembrokeshire Tri
159	1:01:04	Tasmin	Nash	465	F	69	FV	18	
160	1:01:16	George	Rainbow	375	M	90	MV	17	
161	1:01:22	Carys	Coleman	151	F	70	FS	25	
162	1:01:22	Charlie	Coleman	152	M	91	MSV	24	
163	1:01:45	Dayle	Rhys	476	M	92	MS	41	
164	1:02:17	Wendy	Seaton	410	F	71	FSV	25	Pembrokeshire Harriers
165	1:02:23	Christina	Kay	260	F	72	FSV	26	Devon & Cornwall Police AC
166	1:02:23	Laura	Tegg	426	F	73	FV	19	
167	1:02:55	Yvonne	Davies	178	F	74	FV	20	TROTs

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168	1:03:07	Maria	Harries	214	F	75	FSV	27	Pembrokeshire Harriers
169	1:03:07	Sally	John	241	F	76	FV	21	
170	1:03:21	Michelle	Evans	196	F	77	FS	26	
171	1:03:21	Bryony	Jones	251	F	78	FV	22	
172	1:04:06	Judith	Evans	194	F	79	FSV	28	Pembrokeshire Harriers
173	1:04:40	Shirley	Jones	255	F	80	FSV	29	
174	1:04:40	Charlotte	Rands	372	F	81	FV	23	
175	1:05:05	Mandy	Williams	446	F	82	FSV	30	Pembrokeshire Harriers
176	1:05:24	Makala	Doughty	186	F	83	FSV	31	
177	1:05:25	Joanne	Cole	150	F	84	FS	27	
178	1:05:26	Emma	Colven	158	F	85	FV	24	
179	1:05:33	Carol	Byrne	136	F	86	FVV	3	
180	1:05:35	Karen	Bayliss	128	F	87	FV	25	
181	1:05:37	Christine	Davies	166	F	88	FSV	32	TROTts
182	1:05:48	Roger	Derbyshire	181	M	93	MSVV	2	
183	1:06:15	James	Skudder	417	M	94	MS	42	
184	1:06:16	Holly	Skudder	416	F	89	FS	28	
185	1:06:16	Gwyndaf	Williams	444	M	95	MV	18	Pembrokeshire Harriers
186	1:07:41	Sarah	Lloyd	276	F	90	FSV	33	
187	1:07:48	Emma	Evans	192	F	91	FV	26	
188	1:08:09	Tina	Fenn	311	F	92	FV	27	
189	1:08:32	Julie	Barber	127	F	93	FSV	34	TROTts
190	1:08:57	Sarah	McCarthy	288	F	94	FV	28	
191	1:09:02	Hannah	Hammersley	212	F	95	FS	29	
192	1:09:05	Phil	Davies	175	M	96	MS	43	Tenby Aces
193	1:09:05	Jules	King	264	F	96	FV	29	
194	1:09:05	Andrew	Jones	265	M	97	MS	44	
195	1:09:05	Rachel	Elliott	466	F	97	FS	30	Triple Discipline Coaching
196	1:09:40	Sonja	Jones	258	F	98	FVV	4	
197	1:10:11	Teresa	Davies	177	F	99	FVV	5	
198	1:10:11	Zinzan	Gillespie Davies	204	M	98	MS	45	
199	1:10:11	Margaret	Holliday	226	F	100	FVV	6	
200	1:10:43	Faith	Ryder	399	F	101	FV	30	Pembrokeshire Harriers
201	1:10:43	James	Ryder	400	M	99	MV	19	Pembrokeshire Tri
202	1:11:46	Rachel	Davies	176	F	102	FS	31	
203	1:11:46	Laura	Rogers	397	F	103	FS	32	
204	1:11:46	Emma	Robinson	398	F	104	FS	33	
205	1:12:17	Gill	Casey	139	F	105	FSV	35	
206	1:12:17	Emma	Stevenson	424	F	106	FS	34	
207	1:13:23	Sarah	John	242	F	107	FV	31	
208	1:13:38	Catherine	Palmer	346	F	108	FV	32	
209	1:13:58	Shane	Storrow	425	M	100	MV	20	Pembrokeshire Harriers
210	1:14:16	Violet	Spence	423	F	109	FVV	7	Saintfield Striders
211	1:14:36	Mikinda	Hawkins	221	F	110	FV	33	
212	1:14:52	Kingsley	Brown	135	M	101	MV	21	
213	1:14:52	Barbara	Shepherd	415	F	111	FV	34	
214	1:15:53	Keith	Richardson	387	M	102	MSVV	3	
215	1:16:15	Tracy	King	268	F	112	FV	35	
216	1:17:04	Nicole	Morgan	293	F	113	FS	35	Pembrokeshire Harriers
217	1:17:21	John	Lloyd	232	M	103	MSV	25	
218	1:18:30	Karen	Davies	168	F	114	FSV	36	Pembrokeshire Harriers
219	1:18:30	Melanie	Picton	365	F	115	FV	36	Pembrokeshire Harriers
220	1:18:42	Shelly	Lloyd	277	F	116	FV	37	
221	1:19:07	Katie	Millar	291	F	117	FS	36	
222	1:19:07	Ellie	Sheard	413	F	118	FS	37	
223	1:28:36	Rachel	Turner	433	F	119	FV	38	

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224	1:30:23	Emma	Wilson	452	F	120	FV	39	
225	1:30:23	Rob	Palmer	347	M	104	MS	46	
	DNF	Michael	Oakley	331	M		MV		
	DNS	Katy	Griffiths	209	F		FS		
	DNS	Emma	Beynon	130	F		FS		Run Riot
	DNS	Robyn	Fisher	199	F		FS		
	DNS	Natalie	Hawkins	222	F		FS		Pembrokeshire Harriers
	DNS	Carys	Jenkins	238	F		FS		TROTs
	DNS	Juliana	Morgans	294	F		FS		
	DNS	Joanne	Rogers	396	F		FS		
	DNS	Kate	Wolsey	455	F		FS		
	DNS	Jordan	Wright	459	F		FS		
	DNS	Helen	Lewis	273	F		FSV		
	DNS	Lynette	Maison-Davies	285	F		FSV		
	DNS	Amanda	Venter	435	F		FSV		
	DNS	Natasha	Jones	462	F		FSV		Pembrokeshire Harriers
	DNS	Rhiannon	Crocombe	163	F		FV		
	DNS	Tasha	Sexton	412	F		FV		Pembrokeshire Harriers
	DNS	Lottie	Chant	143	F		FV		
	DNS	Rebecca	Evans	197	F		FV		
	DNS	Louise	Hughes	230	F		FV		
	DNS	Sian	James	236	F		FV		
	DNS	Bethan	Jones-Hughes	257	F		FV		
	DNS	Emma	Kedward	263	F		FV		
	DNS	Helen	Murray	299	F		FV		Tenby Aces
	DNS	Melanie	Pallas	342	F		FV		Pembrokeshire Harriers
	DNS	Kathryn	Wilson	453	F		FV		
	DNS	Sharon	Kaye	262	F		FVV		Pembrokeshire Harriers
	DNS	Susan	Mace	283	F		FVV		
	DNS	Jon	Evans	193	M		MS		
	DNS	William	Chant	144	M		MS		
	DNS	Rhys	Diego	183	M		MS		
	DNS	Bruno	Edwards	189	M		MS		
	DNS	Jonathan	Harwood	219	M		MS		Pembrokeshire Tri
	DNS	Richard	Heys	223	M		MS		
	DNS	Matthew	Jones	254	M		MS		
	DNS	Aled	Jones Davies	256	M		MS		TROTs
	DNS	Brendan	Monolly	295	M		MS		
	DNS	Shaun	Newbery	316	M		MS		Pembrokeshire Harriers
	DNS	Andy	Warlow	437	M		MS		
	DNS	Dave	Wilson	451	M		MS		
	DNS	Dayle	Lewis	464	M		MS		
	DNS	Nick	Johns	243	M		MSV		
	DNS	Martin	Mace	282	M		MSV		
	DNS	Tim	Rayment	377	M		MSV		
	DNS	Jason	Chapman	142	M		MV		
	DNS	Matthew	Coates	148	M		MV		
	DNS	Andy	Davies	165	M		MV		
	DNS	Martin	Everett	198	M		MV		Narberth Nobblers
	DNS	Chris	Riggs	390	M		MV		
	DNS	Steve	Rodriguez	395	M		MV		Milford Tritons